

# Round We go

Is your parachute or stretchy band in need of a little attention? "Round We Go" will have you dusting it off in this fun movement activity. Don't have either prop? No worries! The activity is still just as fun.

## WHAT THEY LEARN

Team work, gross motor movement, listening skills

## WHAT YOU NEED

- Recording of song
- Stretchy band <https://bearpawcreek.com/shop/movement-props/stretchy-bands-movement-props/stretchy-bands/> or parachute

## WHAT TO DO

- With children sitting in a circle, turn on the recording and sing along with the song. Keep the beat on your legs during the "round we go" section then do the movements suggested in the song. Doing this before introducing the stretchy band or parachute will allow children to better focus.
- Next, turn on the recording and have children stand up and do the motions of the song.
- Now it's time to introduce the parachute or stretchy band. While standing on the outside of the stretchy band, have participants grip a section of the stretchy band or parachute.
- Instruct participants to walk around in a circle while singing the lyrics.
  - "STOP" - freeze in place
  - Introduce new motions for every repetition of the song.

## LYRICS

Round we go, round we go,  
Walking 'round the rainbow.  
Round we go, round we go,  
Walking 'till we STOP!

STOMPING  
TIP-TOEING  
HOPPING  
DANCING

