

Wipeout

COVERED BY THE VENTURES

[Original Recording](#)

Introducing kiddos to classics like this song from the 60s is a great way to expand their musical interests. They'll love being able to pretend to surf!

WHAT THEY LEARN

Following directions, imitation, gross motor movement, balancing, responding to musical cues

WHAT YOU NEED

Recording

WHAT TO DO

- Explain to your students that you are going to go surfing.
- Briefly model the following motions:
 - Rubbing sunscreen on your face, arms, legs, etc.
 - Picking up your surfboard and walking to the water
 - Paddling out, using your arms to propel you forward
 - Sitting or crouching on the board to find a good wave, shielding your eyes
 - Stand and surf, bending knees
 - Jump to switch forward foot
- Turn on the music using the above motions, paddling back out to repeat the process after you catch a wave



TIMETABLE

- 0:08 Sunscreen
- 0:25 Pick up surfboard and walk to the water
- 0:41 Paddle out
- 0:59 Sit or crouch looking for a wave, changing head direction every few beats
- 1:15 Stand and surf
- 1:21 Jump to switch feet (every 8 beats)
- 1:50 Paddle back out and repeat


Music Therapy Connection

Imaginative play and pretending does not come easily to all children. Consider creating a social story with accompanying visuals to explain the process before facilitating this activity.