Zoom, Zoom, Zoom

Climb aboard the rocket ship, it's time to blast off! Sing and clap along to this fun song that fosters the skill of counting backwards as well as gross and fine motor skills.

### WHAT THEY LEARN

Steady beat, counting backward from five, singing, rhyming, creating sound effects with the voice

### WHAT YOU NEED

• Parachute (optional)

### WHAT TO DO

- Have the children join in keeping a steady beat by doing a "slide clap". Slide your hands forward and backward in opposing motions with a clap on the beat as they pass.
- Sing the song with the children "slide clapping".
- Sing it again and encourage them to join in singing each "zoom, zoom, zoom". Also allow them to fill in the rhyming words at the end of each line once they get to know the song.
- Count backwards together from five and make the blast off sounds.

# **Optional Parachute Activity**

- Hold the parachute and walk around while singing the song.
- Crouch down on the countdown.
- Lift the parachute off the ground on "blast off"!

# LYRICS

Zoom zoom, we're going to the moon Zoom zoom, we'll be there very soon If you'd like to take a trip, climb aboard the rocket ship Zoom zoom, we're going to the moon.

5-4-3-2-1

Blast off!



For children with poor motor control, replacing slide claps (or holding/lifting the parachute) with playing an accessible instrument like a shaker (or holding/lifting a scarf) can allow them to participate comfortably.