

Shake, Rattle & Roll

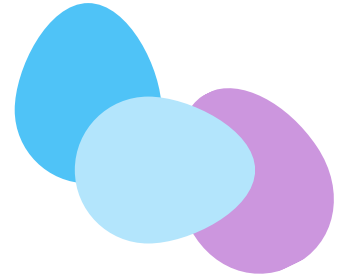
Grab your shakers, it's time to roll backed to the 1950's tune with this popular tune. "Shake, Rattle and Roll" provides children the opportunity to physically experiment with directionality. By involving their body and their minds, the concept is more meaningful and understood.

WHAT THEY LEARN

Directional awareness, following directions, fine and gross motor skills

WHAT YOU NEED

- Egg shakers
- Guitar



WHAT TO DO

- Pass out egg shakers to all members of the group. This is an opportunity for color identification and making requests.
- Ask students to demonstrate shaking up high and down low. Guide them in shaking toward their left and right.
- Supplement the lyrics with your own verses of instructions such as shaking by various body parts, going fast or slow, or doing a movement that requires crossing the midline.

LYRICS

Get out those shakers and rattle 'em left and right
Get out those shakers and rattle 'em left and right
Well, roll 'em up, and roll 'em down, you're doing alright!

I said shake, rattle and roll
I said shake, rattle and roll
I said shake, rattle and roll
I said shake, rattle and roll
That shakin' sound is so good for your soul.

Get out those shakers and rattle 'em way up high
Get out those shakers and rattle 'em way up high
Well, roll 'em up, and roll 'em down, my oh my!

Chorus

Get out those shakers and rattle 'em way down low
Get out those shakers and rattle 'em way down low
Well, roll 'em up, and roll 'em down, down we go!

Chorus

