Flower, Stand Tall

Color identification and listening skills are the name of the game with this song. It's a springtime staple in my practice, since those are both important goals with my students and clients. Use scarves, wrist jingle bells, streamers, bean bags, shakers, or just about any multi-colored items along with this song, giving students the opportunity to put their hand up high when they hear their color mentioned.

WHAT THEY LEARN

Color identification, critical listening skills, following directions, creative movement

WHAT YOU NEED

• Wrist ribbons or scarves in multiple colors

WHAT TO DO

- Pass out wrist ribbons or scarves to the students.
- Explain that this song has two parts. When you sing the verse that names lots of colors, all of the students will dance in their place. As you sing "in a pot or in a field or garden row", the children should plant themselves (sit) in their spot. When you sing the specific color verse, only children with that color of ribbon or scarf should grow (stand) and dance.
- Sing the song, giving extra prompts as needed.
- Continue singing until all the colors have had a turn.

LYRICS

Red, orange, yellow, green White, purple, pink and blue Flowers are so colorful and smell good too There are many different kinds Mother Nature grows In a pot or in a field or garden row.

Red flower, stand tall Red flower, stand tall Can you choose your favorite flower of all? Music Therapy Connection

For children just beginning to learn their colors, a visual cue may be necessary as each color is named. Hold up a picture of a flower in each color to assist students in holding up their ribbon/scarf at the correct time.

