

Mi Cuerpo



When it comes to making music, there's an instrument that's always with you - your body! The added bonus is having the words in Spanish and English for a true multi-cultural experience.

WHAT THEY LEARN

Foreign Language, movement, body awareness, vocabulary, sign language

WHAT YOU NEED

- Mi Cuerpo audio recording

WHAT TO DO

- Ask your class to stand and get ready to make music with their body.
- Mention that part of this song is in Spanish and part is in English. The words mean basically the same in both languages. Take the time to teach the words for the body parts if they are unfamiliar to the class. Have the children repeat each of the new words as they point to the correct body part.
 - cuerpo - body
 - manos - hands
 - pies - feet
 - boca - mouth
 - cintura - waist
- Continue by modeling how to make music with each body part as you will during the verse.
- To sign the word "body/mi cuerpo, touch your hands to the upper part of your torso, then touch your hands to the lower part of your torso. Use the sign for music when singing "hace musica". Both hands are in "flat"-handshapes. Left hand pretends to hold a music book. Right hand swings back and forth over left arm.
- Actions for the English chorus are slightly different to match the words. Use the same sign for "music", and point to yourself for "me".

LYRICS

Mi cuerpo, mi cuerpo
Hace musica
Mi cuerpo, mi cuerpo
Hace musica

Mis manos hace (clap, clap, clap)
Mis pies hace (stomp, stomp, stomp,)
Mi boca hace la, la la (sing)
Cintura hace cha, cha, cha
(twist waist/swing hips)

There's music, there's music
There's music inside me.
There's music, there's music
There's music inside me.

My hands go (clap, clap, clap)
My feet go (stomp, stomp, stomp)
My mouth goes la, la, la (sing)
My hips go cha, cha, cha.
(twist waist/swing hips)
Repeat Spanish chorus and verse